

Small group optional guide: Psalm 51; God's playlist

## UP; we grow in our love for Jesus through His word and worship

**WORD: Psalm 37:** an acrostic wisdom psalm: A psalm that teaches you to let go of anger by standing in the delight of God (psalm means praise, praise is worship, worship reveals Jesus)

- Wisdom psalms are written for us to say back, their focus isn't the experience, but God's sovereignty and the character of a righteous person.

**Part 1 the structure:** it is an Acrostic poem; lines begin with succeeding letters of the Hebrew alphabet (Alef, Bet, Gimel...Tav)

With 4 general sections; how do we deal with anger when we face the injustice of seeing people get away with doing wrong?

- not many experiences stir up anger, like unpunished injustice
- Each line is crafted, Each verse part of a bigger picture, It is a journey that has a completeness to it

**Part 2 the lessons;** the don't(s), the do's and heavenly perspective.

- Do not FRET (burn or be kindled with anger) do not envy – they lead to sin
- DO v3 Trust, v4 Delight, v5 Commit, v7 Be still, v40 take refuge in Him
- Heavenly perspective; justice is coming, we have eternity where there will be no injustice

Is that enough? I need more. (Romans 7:24,25)

**Part 3 the hope is Jesus!** the key is found in Jesus, then worked out with the do's from a heavenly perspective.

Word continued...

How did Jesus react in the face of injustice?

Matthew 27, Jesus was silent in the face of the greatest injustice whilst carrying all injustice; He gave no room for anger, His focus was you, His delight (Isaiah 62:4, Hebrews 12:2)

What saves us from reacting in anger? In the face of injustice, stand in His delight of you! Psalm 37:4 delight in Him, you'll find you delight in Him.

From that place, do the do's with a heavenly perspective.

Questions to discuss:

- 1) How do you stand in the delight of God?
- 2) Split into pairs and pick of the list of do's << v3 Trust in the LORD, and do good / v4 Delight yourself in the LORD / v5 Commit your way to the LORD / v7 Be still before the LORD and wait patiently for him / v40 take refuge in Him >> what does this look like for you, how do you know you are doing it?
- 3) Do you read psalm 37:4 differently now?

**WORSHIP:** I love you Lord / 10,000 Reasons / Living Hope

IN; we connect and learn to love one another

Words of knowledge: Chronic pain behind eyes, Right hip down the right thigh, Pain in the inner ear, Pain and numbness in the tips of your fingers Hole (Pinhole) in the heart.

>> pray for each other if you respond to these and pray into knowing the delight of God.

OUT: we look to pray, witness and serve

Who are you inviting to Easter Sunday to hear the gospel and receive salvation?