

Small group optional guide: Psalm 22

UP; we grow in our love for Jesus through His word and worship

WORD: Psalm 22: psalms that Jesus quoted

Most Psalms are either a Psalm of praise, wisdom, lament or but Psalm 22 moves from Lament into praise!

1. This is about that!

- Unpacking the first half – A Psalm of Lament: Jesus knows that Psalm 22 is about him and is a sort of script for his last hours. (Read Matthew 27 v33-46)

Jesus Quotes the opening line while he is nailed to the Cross. In doing so he is causing the reader to recollect Psalm 22 in its entirety.

2. Inception

- Messianic psalms reveal that Jesus was assured of God's will (it had already been written), prepared for the journey, knew what he needed (the word of God already written)
- Messianic psalms give me hope for any circumstance, trust that God will be with me in suffering, knowledge of where I get what I need (from his word), point me to Jesus (who did all these things!)

3. Hinge moment – The Cross

From My God my God to HE HAS DONE IT!!

- Psalm 22 brings suffering and delight, pain and praise into one psalm for you and for I
- sorrow and death of one to the praise and salvation of many is 22v22
- Here David/Jesus is switching from sorrow to praise, how?...by instructing the brothers to praise.

Word continued...

Read Matt 28:9 And behold, Jesus met them and said, "Greetings!" And they came up and took hold of his feet and worshiped him. 10 Then Jesus said to them, "Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me."

- Here Jesus uses a brand-new word to address his disciples, it's the first time and its Adelphois
- this announcement to the brothers hinges this psalm into praise, why?...because Jesus does not stay in the grave, he does not stay abandoned but is raised by the Father on the 3rd day
- because he is raised to life so are we!

Question: what am I going through that I could use this psalm to turn my struggle into praise?

WORSHIP songs: Who you say I am / Blessed be your name / The stand / Rest on us

IN; we connect and learn to love one another

Ricky: when you put your trust in Jesus you are adopted Romans 8:14 all who are led by the Spirit are sons/daughters of God...when we accept this truth it changes everything!

Marion: my heart will CHOOSE to say blessed be your name....don't wait for your head to be ready to praise, listen to your heart

Zoe: "surrender", let go, surrender certain areas of your life to God, encourage you that there is so much freedom when we fully surrender to him. "let go and let God"

Sam: pray unto the Lord in response; I'm all yours, take me oh Lord, I'm all yours take me oh Lord

JOIN US THIS
EASTER



WORSHIP | BAPTISMS | TEACHING

Sunday 31 March at 10am | Guest speaker: Terry Virgo

Easter Sunday: Pray about inviting, name who, when and how you will invite.

OUT: we look to pray, witness and serve

Running Alpha...After the Easter holidays we want to run an alpha course from the Jubilee Community Café. The 10 week video based course would run for 1 hour, once a week, and include a Holy Spirit day, usually run on a Saturday.

- Instead of gathering for your weekly small group, you would meet at JCC and host the alpha sessions for the guests that sign up.
- All the talks are done by the Alpha videos
- Your group would have 1 evening of training where we would look at how the café is set up, then each week the format and discussion questions (that are embedded in the videos) are given to you.
- For the first 2 weeks you will have experienced support to help you start well and confidently.
- A prayer support team covers you and the guests in prayer each week and you get to take part in the greatest adventure of all; seeing people encounter the love of God.

**You're
invited
to Alpha.**

If your group is interested please contact Matt Hoyes (matt@jcceg.co.uk) with any questions or ideas.