

Small group optional guide

Psalms - God's Playlist; Psalm 1

UP; we grow in our love for Jesus through His word and worship

WORSHIP:

Everlasting God / Goodness of God / Here I am to worship

Holy Holy / A thousand Hallelujahs

WORD

The psalms was written by a total of 8 named people, spanning 1000 years. The 150 Psalms were later brought together and ordered into 5 books.

- Psalms cover the full spectrum of human experience. Every emotion from anger, frustration, fear, loss, grief, joy, happiness, peace etc is talked about to God.

Each of the 5 books in the psalms has a broad theme/themes.
Over 73 Of the psalms are attributed to King David!

- Read psalm 1

blessed – This word is in the plural, meaning the multi, ongoing, blessedness of a man.

The way – To describe the direction of heart and outward choices, either towards or away from God

Q) How do I know I am/am not walking, standing or sitting in the way of the righteous?

Q) Do you delight in God's law, His way? Do you choose to trust His way above your own? (this is where blessedness is found)

- Sin doesn't start with me doing wrong, it starts with me not doing what's right.

(perhaps look at your term plan for who is leading the UP / IN / OUT parts of Small Group this term)

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IN; we connect and learn to love one another

The week of prayer was a brilliant time crying out to see the kingdom of heaven come. We focused on Galatians 2:20, please share what you enjoyed about the verse, the 24/7 prayer slots, the meetings...especially our first prayer meeting in Crawley Down as we seek to see a community of believers emerge through Small Groups and salvation!

key words from Sunday:

- Read the below, respond and pray for one another
Laurence: feel there are people who need divine strength after prolonged tiredness that just won't go away, another person with muscular atrophy, tonsillitis, knee injury from a fall, stomach upset...every case; when we wait for God, the Holy Spirit brings strength. (prayed for strength to come)

Glynn: had a moment of real fear when he was young, and love overcame. If you are avoiding the idea of marriage because of fear then know that love drives out fear. (prayed for a release of family unity)

OUT: we look to pray, witness and serve

- 1) Jubilee for Men Alpha starts Thursday 24th January 730pm at JCC with a curry night! All welcome, please pray for and invite men to come.
- Who are you inviting?
 - Who is going?