

## **Do not lie**

Exodus 20; Mark 14:66-72; Gen 12:10-20 and 20:1-18

Words or actions that are intended to deceive and give a false impression.

Cover up or distort the truth.

Why do we Lie- Self preservation. Fear of the consequences of the truth.

Self Promotion. To gain an advantage

## **How to Avoid lies and live a honest life**

1. Practical steps- Don't promise what you can't deliver, don't agree to what you can't or wouldn't do. Learn to be content in who you are and what you have.

2. Fear Not.

3. Die to self, live for Christ.

4. Know the truth, think the truth, speak the truth and live the truth.

The WORD

5. Know your identity (who and whose you are)

6. Know that Present shame, rejection and suffering if NOT the end.

Hope in God's goodness and faithfulness

7. Call on your Helper, The Holy Spirit. Live in God's abundant grace.

## **Some Results of living honestly, truthfully and with integrity**

1. Clear Conscience

2. Righteousness, Joy and Peace in the Holy Spirit.

3. Confidence in Prayer, Power in Prayer. Results!!

## **For thought and discussion**

1. Is lying ever acceptable? Rahab? Abraham?

2. Who is my audience? Who am I living for?

3. Can you confide in someone and come clean of a lie you have told/lived?